



**Heart and
Stroke
Foundation.**

India

*A subsidiary of the
American Heart Association.*



It Could Happen to Anyone

Heart & Stroke Awareness • August 2021

The Heart and Stroke Foundation of India, a subsidiary of the American Heart Association, is working to build longer, healthier lives in India by reducing premature deaths and the burden of cardiovascular and related non-communicable diseases.

During the month of August 2021 we are offering a menu of workplace awareness and engagement strategies for companies and their workforce, helping to build health awareness, essential skills, and a culture of activism that will help save lives within the company and the larger community.

Interested companies may reach out to receive the free suite of messaging materials. We would love your participation in promoting life-saving information!

Tool Kit will include:

- **Social media posts** to share on heart disease and stroke.
- An **all-staff email post** with links to facts on heart and stroke awareness.
- **Employee Resource Toolkit** with fact sheets on heart attack, cardiac arrest and stroke.
- **Online videos** on Hands-Only CPR and stroke awareness.

To receive your toolkit, send an email to HSFI@heart.org with subject "Heart and Stroke Awareness" by 30 July.