

# FIRST AID EVERYWHERE™

Lifesaving CPR and First Aid Training Kit



**Heart and  
Stroke  
Foundation**  
**India™**

A Subsidiary of the American Heart Association

## LIFESAVING TRAINING FOR STUDENTS AND ADULTS

Teens, children, and adults across India can now learn the lifesaving skills of CPR and first aid in just one training session. The First Aid Everywhere kit from the Heart and Stroke Foundation of India teaches CPR, use of an AED (automated external defibrillator), choking relief, and ways to help at roadside emergencies.



**FIRST AID EVERYWHERE** provides training for:



**CPR**  
(cardiopulmonary  
resuscitation)



**AED**  
(automated external  
defibrillator)



**CHOKING  
RELIEF**



ways to help at  
**ROADSIDE  
EMERGENCIES**



The First Aid Everywhere kit allows students to learn and practice skills on mini manikins while watching expert demonstrations on a DVD. This kit includes the training DVD, educational posters, and mini manikins. The First Aid Everywhere kit is easy-to-use, portable, convenient to store, and can be used to train ten or more people.

Email [hsfi@heart.org](mailto:hsfi@heart.org)

Web [heartandstroke.in](http://heartandstroke.in)

## WHY FIRST AID MUST BE A PRIORITY IN INDIA



**98% OF PEOPLE IN INDIA  
ARE NOT TRAINED IN CPR**



**THE MAJORITY OF CARDIAC  
ARRESTS HAPPEN IN THE HOME  
OR RESIDENCES**



**80% OF ROADSIDE ACCIDENT  
VICTIMS GET NO EMERGENCY CARE**

## FIRST AID TRAINING IMPROVES SURVIVAL RATES FOR CARDIAC ARREST, STROKES, AND ROADSIDE ACCIDENTS

Only 2% of people in India are trained in CPR; and most of those trained are healthcare providers. More than 130,000 deaths each year are caused by roadside accidents. Tragically, 80% of these road accident victims receive no emergency medical care. With the First Aid Everywhere kit, the Heart and Stroke Foundation of India seeks to train more people to help in these life threatening situations.



## CREATING A NATION OF LIFESAVERS

The Heart and Stroke Foundation of India is launching a movement to create a Nation of Lifesavers by training friends and family in First Aid and CPR. Most accidents and sudden cardiac arrest happen outside of a hospital, so the likelihood of you saving someone you know is high. Everyone needs to know how to save the life of a family member or loved one.

**FOR MORE  
INFORMATION**

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